

## Tush Push

Choreography & copyright: Jim Ferrazzano

Level: Beginner-Intermediate (depending on pace & variations)

Walls: 4

Count: 40

Bridge/restart: no

Start: Weight on left foot

\* R45, 2 right heel taps, L45, 2 left heel taps: \*1\*

1- 2 Touch RIGHT heel to RIGHT diagonal, step RIGHT beside LEFT,

3- 4 Tap RIGHT heel to RIGHT diagonal twice,

& Step RIGHT beside LEFT,

5- 6 Touch LEFT heel to LEFT diagonal, step LEFT beside RIGHT,

7- 8 Tap LEFT heel to LEFT diagonal twice,

\* R heel fwd, L heel fwd, R heel fwd, hold, bump hips fwd x2, back x2:

9-10 Jump LEFT back to centre & tap RIGHT heel forward,

jump RIGHT back to centre & tap LEFT heel forward,

11-12 Jump LEFT back to centre & tap RIGHT heel forward,

hold & clap (leave RIGHT foot forward),

13-14 Bump RIGHT hip diagonally forward to RIGHT twice, \*2\*

15-16 Bump LEFT hip diagonally back to LEFT twice, \*2\*

\* Hips fwd, back, fwd, back; shuffle fwd, rock-step:

17-18 Bump RIGHT hip forward, bump LEFT hip back, \*2\*

19-20 Bump RIGHT hip forward, bump LEFT hip back, \*2\*

21&22 Shuffle forward (R,L,R),

23-24 Rock forward onto LEFT, step weight back onto RIGHT,

\* Shuffle back, rock-step, shuffle fwd, step, 1/2 pivot right:

25&26 Shuffle back (L,R,L),

27-28 Rock back onto RIGHT, step weight forward onto LEFT,

29&30 Shuffle forward (R,L,R),

31-32 Step LEFT forward, make 1/2 pivot turn RIGHT & step onto RIGHT,

\* Shuffle fwd, step, 1/2 pivot, step, 1/4 pivot, stomp, clap: \*3\*

33&34 Shuffle forward (L,R,L),

35-36 Step RIGHT forward, make 1/2 pivot turn LEFT & step onto LEFT,

37-38 Step RIGHT forward, make 1/4 pivot turn LEFT & step onto LEFT,

39-40 Stomp RIGHT beside LEFT, clap.

Repeat