

# Make It Hurt

**Count:** 64      **Wall:** 2      **Level:** Intermediate  
**Choreographer:** Maddison Glover and Chris Watson (AUS) Feb 2015  
**Music:** Don't Tell Me - Joel Crouse [3:49 - iTunes]

**Begin dance after 32 count intro.**

**S1: Cross, Side, Back Rock/ Replace, ¼ Turn, Shuffle Forward**

1,2,3,4      Cross R over L, step L to L, rock R back/ behind L, replace weight fwd onto L  
5,6,7&8      Turn ¼ L stepping back on R, make ½ turn L stepping L fwd, step R fwd, step L together, step R fwd [3:00]

**S2: Rock/ Replace, Lock Shuffle Back, 2x Side Rock/ Replaces**

1,2,3&4      Rock L fwd, replace weight back on R, step L back, lock R across L, step L back  
5,6&7,8      Turn ¼ R stepping/rocking R to R, replace weight onto L, step R together, rock L to L, replace weight onto R [6:00]

**S3: Behind, Side, Cross, Side/ Replace, Back/Replace, Step ¼**

1&2,3,4      Step L behind, Step R to R, Cross L over R, Rock R to R side, Replace weight onto L  
5,6,7,8      Rock R back, replace weight fwd onto L, step R fwd, turn ¼ L (paddle) 3:00

**S4: Turning Box Step, Kick- Ball Step, ¼ Twist, ¼ Twist**

1,2,3,4      Cross R over L, Turn ¼ R whilst stepping L back, Step R to R side, step L fwd  
5&6,7,8      Kick R fwd, step R together, step L fwd, twist ¼ R (twist heels L), twist ¼ L (twist heels R) [6:00]

**S5: Heel Switches, Heel, Hitch, Heel, & Cross & Heel & Touch & Heel &**

1&2&3&4      Touch R heel fwd, step R together, touch L heel fwd, step L together, touch R heel fwd, slightly hitch R knee, touch R heel fwd  
&5&6      Step R together, cross L over R, step R to R, touch L heel to L diagonal,  
&7&8&8      Step down onto L, touch R beside L, step R to R, touch L heel to L diagonal, step down onto L.

**S6: Cross, Step, Back/Replace, ¼ turning shuffle, ½ turning shuffle**

1,2,3,4      Cross R over L, step L to L, rock R back, replace weight forward onto L,  
5&6,7&8      Turn ¼ L stepping R back, step L together, step R back, make ½ turn over L stepping L fwd, step R together, step L fwd 9:00

**S7: Shuffle Right, Behind, ¼ Turn, ¼ Drag (for three counts), Together, Cross**

1&2,3,4      Step R to R, step L together, step R to R, step L behind R, turn ¼ R stepping fwd onto R  
5,6,7&8      Turn ¼ L stepping L to L side dragging R towards L (5,6,7) step R together, cross L over R [3:00]

**S8: Turn ¼ to Walk R,L,R, Side/Rock (Ball-Step), Walk L,R,L, Side/Rock (Ball-Step)**

1,2,3&4      Turn ¼ R stepping fwd on R, step L fwd, step R fwd, rock L to L side, replace weight onto R,  
5,6,7&8      Step L fwd, step R fwd, step L fwd, rock R to R side, replace weight onto L. [6:00]

**Restart: During the fifth sequence (start the dance facing 12:00) dance up to count 40 and Restart facing 6:00 after the instrumental.**

**Note: Towards the end of the dance, there is no beat (about ten counts). Keep dancing through this section.**

**Finish: There is no distinct finish so dance to count 46 (1/4 turning shuffle) and turn ¼ L and side shuffle to your L.**

**Contacts:-**

**Chris Watson:** <http://www.dare2dance.org/dancing/tamworth/home.asp> - +61404170276

**Maddison Glover:** <http://www.linedancewithillawarra.com/> - +61430346939