



LOSE YOU

Choreographer: Travis Taylor (April 2015)

Count: 32 **Walls:** 2

Level & Rhythm: Intermediate Rolling Count

Music: Like I'm Gonna Lose You by Meghan Trainor
ft John Legend (approx. 3:45min – iTunes)

Album: Title



INTRO: See Note Below

BACK ROCK & BACK ROCK, 1/8R, BEHIND SWEEP, BEHIND & PRISSY WALK, WALK

- 1-2& Rock R back towards 1:30, Replace wt on L, 1/2L step R back towards 7:30
- 3-4& Rock L back, Replace wt on R, 1/8R step L to L towards 9:00
- 5-6& Step R behind L whilst Sweeping L around, Step L behind R, Step R to R
- 7-8 Step L FWD slightly crossed over R, Step R FWD slightly crossed over L

FWD ROCK, 1/2L, FWD ROCK, 1/4R, CROSS, SIDE ROCK, CROSS, 1/4R

- 1-2& Rock L FWD, Replace wt on R, 1/2L step L FWD (3:00)
- 3-4& Rock R FWD, Replace wt on L, 1/4R step R to R (6:00)
- 5-6-7 Cross L over R, Rock R to R, Replace wt on L
- 8& Cross R over L, 1/4R step L back (*Continue into a 1/4R for Count 1*) (9:00)

START DANCE HERE: FACING 12:00: STEP R TO R SIDE SWAYIING HIPS

1/4R SWAY R- L, TRIPLE FULL TURN R, CROSS ROCK & CROSS, SIDE, BEHIND, SIDE

- 1-2 1/4R step R to R sway hips to R, Replace wt on L sway hips to L (12:00)
- 3&4 1/4R step R FWD, 1/2R step L back, 1/4R step R to R (12:00)
- 5-6 Cross Rock L over R, Replace wt on R
- &7&8 Step L to L, Cross R over L, Step L to L, Step R behind L
- & Step L to L facing towards 10:30

FWD ROCK & BACK ROCK, 1/4R, BEHIND, 1/8R, CROSS, 1/8R, BEHIND, 1/8R, CROSS, 1/8R (SEMI CIRCLE WEAVE)

- 1-2& Rock R FWD, Replace wt on L, Step/Switch R next to L (10:30)
- 3-4 Rock L back, Replace wt on R (*Getting ready to Step 1/4R towards 1:30*)
- &5&6 1/4R step L to L (1:30), Step R behind L, 1/8R step L to L, Cross R over L (3:00)
- &7&8 1/8R step L to L (4:30), Step R behind L, 1/8R step L to L, Cross R over L (6:00)
- & 1/8R step L to L towards 7:30 to start again on Count 1

NOTE: *The weave is meant to be travelling in a semi-circle*

Note: You will begin the dance on the 16th Count (Sway-Sway) after 16 Counts from the start of the song - This is just so you don't have to rush to start the dance

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