

Lonely Drum

MUSIC	<i>Song: Lonely Drum.</i>	
ARTIST	<i>Artist: Aaron Goodvin. Available from iTunes.</i>	
CHOREOGRAPHER	<i>Darren Mitchell</i>	<i>June 2017</i>
BEATS	DESCRIPTION	32 Count 4 Wall Easy Intermediate Dance (Intro: 40 counts)
1&2& 3&4 5&6 7&8	<p>STOMP, BOUNCE, BOUNCE, BOUNCE TOE-HEEL-STOMP, TOE-HEEL-STOMP Stomp R forward, raise R heel up, drop R heel to the ground, raise R heel up, Drop R heel to the ground, raise R heel up, drop R heel to the ground, Touch L toe together, touch L heel together, stomp L forward, Touch R toe together, touch R heel together, stomp R forward. (12:00)</p>	
1,2 3&4 5&6 7&8	<p>PADDLE TURN, SHUFFLE ACROSS, HIP-HIP-HIP, BEHIND-SIDE-ACROSS Paddle turn: Step L forward, turn 90 degrees right take weight onto right, Shuffle L across in front of right: L-R-L, Step R to the side pushing hips: R-L-R, Step L behind right, step R to the side, step L across in front of right. (3:00)</p>	
1& 2& 3& 4& 5,6 7&8	<p>TOE & TOE & HEEL & HEEL, TOGETHER, WALK, WALK, SHUFFLE FORWARD. Touch R toe to the side, step R together, Touch L to the side, step L together, Touch R heel forward, step R together, Touch L heel forward, step L together Step R forward, step L forward, Shuffle forward: R-L-R. (3:00)</p>	
1,2 3&4 5,6 7,8	<p>PIVOT TURN, SHUFFLE FORWARD, STEP, DRAG, STEP, DRAG Pivot turn: step L forward, turn 180 degrees right take weight onto right, Shuffle forward: L-R-L, Step R a big step forward, drag L towards right, Step L a big step forward, drag R towards left. (9:00)</p>	
32	REPEAT	
	<i>Restart: at the end of wall 3, add the following 8-count tag, then restart the dance at 3:00</i>	
1,2 3&4 5,6 7&8	<p><i>Step R forward, rock back onto left, Shuffle back: R-L-R, Step L back, rock forward onto right, Shuffle forward: L-R-L.</i></p>	