



LIFETIME OPPORTUNITY

SONG: Opportunity Of A Lifetime

ARTIST: Darryl Worley

ALBUM: I Miss My Friend

CHOREOGRAPHERS: Brett Jenkins, Warren Mitchell & Cathryn Proudfoot – March 03

DANCE: 4 walls, 32 counts, 1 restart, easy int.

BEATS:	STEPS:
1,2&3,4 5,6&7,8	rock R to R, replace weight to L, step R back, step L over R, step R to R rock L to L, replace weight to R, step L back, step R over L, step L to L
1&2 &3&4	step R behind L, step L to L, step R over L, step L to L, step R behind L, step L to L, touch R heel fwd at 45*
&5&6, &7,8	step R to center, step L over R, step R to R, touch L heel fwd at 45* step L to center, rock R over L, replace weight onto L
1&2, 3&4 5&6 7&8	shuffle to R – RLR ¼ turn to R then shuffle to L – LRL ¼ turn to R then shuffle to R – RLR ¼ turn to R then shuffle to L – LRL ***
1,2& 3,4 &5&6 &7,8	rock R fwd, replace weight back to L, step R together, rock L fwd, replace weight back to R step L together, step R fwd, step L together, step R fwd step L together, step R fwd, stomp L together ending with weight on L.
32 beats.	Restart dance from beginning.

RESTART: During 5th wall (instrumental) dance up to beat 24 (***) and restart dance.

Permission is given for dance to be freely copied and distributed,
on the basis the dance is not changed in any way.

**** CHOREOGRAPHER NOTE ****

If there are any queries about the dance sheet, please direct all questions to Brett,
as he was absent at time of dance sheet writing! :-) W&C

Dance was written on Brett's 21st birthday weekend in Brisbane

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