

# FLY LIKE A BIRD

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**Count:** 32      **Wall:** 2      **Level:** intermediate  
**Choreographer:** Hedy McAdams  
**Music:** Fly Like A Bird by Boz Scaggs

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## **ROCK LEFT SIDE, BACK, TURN ¼, HOLD, TURN ¼, ROCK, TURN ¼, HOLD**

1-4      Rock left to side, recover to right, turn ¼ left and step left forward, hold (9:00)  
5-6      Turn ¼ left and rock right to side, recover to left (6:00)  
7-8      Turn ¼ right and step right forward, hold (9:00)

## **TURN ¼, ROCK, TURN ¼, HOLD**

9-10      Turn ¼ right and rock left to side, recover to right (12:00)  
11-12      Turn ¼ left and step left forward, hold (9:00)

## **KICK-BALL-TURN, KICK-BALL-CHANGE**

13&14      Kick right forward, step right together, turn ¼ left and step left in place (6:00)  
15&16      Kick right forward, step right in place, step left in place

## **CROSS, TURN, CROSS & CROSS, TURN ¼ SHUFFLE, TURN ¼, TURN ½**

17-18      Cross/touch right over left, unwind ½ left (weight to right, 12:00)  
19&20      Cross left over right, step right to side, cross left over right  
21&22      Turn ¼ right and step right forward, step left together, step right forward (3:00)  
23-24      Turn ¼ right and step left to side, turn ½ left and step right forward (12:00)

## **CROSS, TOUCH, CROSS, TURN ½, CROSS & CROSS, BIG STEP, SLIDE/LIFT**

25-26      Cross left over right, touch right toe to side  
27-28      Cross/touch right over left, unwind ½ left (weight to right, 6:00)  
29&30      Cross left over right, step right to side, cross left over right  
31-32      Big step right to side, drag left toward right  
Lift left toe slightly to blend into step 1

## **REPEAT**